

# **Botox Consent**

I am aware that when a small amount of a neuro modulation (BOTOX®) is injected into a muscle it causes weakness of that muscle. For example: Frown lines between the eyebrows are due to contraction of a small

muscle, corrugator beneath the inner part of each eyebrow. Injecting "Botox Cosmetic<sup>®</sup>" into this muscle will relax it causing improvement or disappearance of the frown lines. This appears in 3-4 days and usually lasts four months but can be shorter or longer. The number of units injected is an estimate of the amount of Botox required to paralyze the muscles. I understand there is no guarantee of results of any treatment. I understand the regular charge applies to all subsequent treatments. No refunds will be given for treatments received. As Botox is not an exact science, there might be an uneven appearance of the face with some muscles more affected by the Botox than others. In most cases this uneven appearance can be corrected by injecting Botox in the same or nearby muscles. However in some cases this uneven appearance can persist for several weeks or months.

### **Results and Postoperative Care**

- I understand that I will not be able to move the treated muscle/s while the injection is effective but that this will reverse itself after a period of months at which time re-treatment is appropriate.
- I understand that I must stay in the erect posture and that I must not manipulate the area of the injection site for the four hour post-injection period.

• I understand that to maximize results, I should contract the injected muscles for a period of 1 hour.

## **Risks and Complications**

Botox treatment of frown lines can cause minor temporary drop of one eyelid in approximately 2% of injections. This usually lasts 2-3 weeks. Occasional numbness of the forehead lasting 2-3 weeks, bruising and transient headache have occurred. In a very small number of individuals, the injection does not work as satisfactorily or for as long as usual. I understand there is a risk of swelling, rash, headache, local numbness, pain at the injection site, bruising, respiratory problems, and allergic reaction. Most people have lightly swollen pinkish bumps where the injections went in, for a couple of hours or even several days. Botox therapy is temporary, meaning it will have to be repeated on a regular basis to remain effective. An average response is 2 - 6 months of diminished muscle contraction (or underarm sweating if treated there). After a Botox injection, the effect gradually begins over several days and full effect may not be seen until 14 days post injection.

# **Contraindications For This Treatment Include:**

- Pregnant or lactating women
- Clients with allergies to human albumin (small risk of viral transmission from human albumin used in Type A to provide a larger particle)
- Infection, inflammation, (including acne), or dermatitis of areas to be injected
- Fever, flu, or cold symptoms
- Facial asymmetry such as Bell's Palsy
- Clients with neurologic disorders including:
  - Amyotrophic Lateral Sclerosis (Lou Gherig's Disease)
  - Myasthenia Gravis
  - Lambert Eaton Disorder
  - Multiple Sclerosis
  - Parkinson's disease

# I am aware of the following information affecting my treatment and risks including but not limited to:

• For at least 6 hours after injection, remain in an upright position; actively contract the muscles treated (e.g. frown or grimace); do not vigorously rub or massage the treated area

- Antibiotics may potentiate the effects of Botox
- Clients taking aminoglycosides or medications that interfere with neuromuscular transmission may have a potentiated effect
- Thick sebaceous skin may have very deep wrinkles making them a poor candidate
- A natural eyelid ptosis may be more susceptible to drooping of the eyelid.
- Botox does not diffuse over scar tissue (the appearance of scar tissue may diminish following injection of Botox into neighboring wrinkles).
- Due to bruising potential, you should schedule Botox injections at least 2 to 3 weeks prior to an important event.
- Alcoholic beverages 24 hours prior to Botox injections may increase bruising
- Blood thinning medications and herbal supplements 2 weeks prior and after Botox injections typically increase bruising.

#### Photographs

I authorize the taking of clinical photographs and their use for scientific purposes both in the publications and presentations. I understand my identity will be protected.

#### Payment

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

I agree that this constitutes full disclosure and that it supersedes any previous verbal or written disclosures. I certify that I have read and fully understand the above paragraphs, and that I have had sufficient opportunity for discussion and to ask questions. I consent to the BOTOX Cosmetic treatment today and for all subsequent treatments.

BY SIGNING BELOW, I ACKNOWLEDGE AND CERTIFY THAT I, <u>HAVE READ AND UNDERSTAND THE "CONSENT, RELEASE AND INDEMNITY AGREEMENT" FOR THIS PROCEDURE, AND THAT I AM SIGNING IT VOLUNTARILY.</u>

### PLEASE SIGN YOUR FULL NAME BELOW IF YOU AGREE

**Client Signature** 

Date