



Dysport Pre & Post Care

- Avoid herbal supplements such as Ginkgo, green tea and anti-inflammatories of any kind for 1 week before and following treatment to limit bruising.
- For the first 5-6 hours following Dysport, remain upright.
- Do not participate in activities that include heavy lifting, vigorous exercise or straining for 4-5 hours (it takes approximately 2-3 hours for Dysport to bind to the nerve and you do not want to increase circulation during that time).
- Do not rub, touch, or manipulate Dysport.
- Avoid irritating products (Retinols, Glycolics, acne medications, etc) for 24 hours following Dysport.
- Bruising in the area injected is normal although rarely occurs, especially if treated around the eyes. Bruising can last up to several days. Using/taking Arnica may help diminish bruising.
- It may take up to 10 days for Dysport to take full effect.
- A follow-up visit at 2 weeks may be suggested to assess the results of your treatment, especially if you are a first-time client. If the desired correction is not achieved, you may consider the purchase of additional Dysport for injection.
- Expect treatment to last 3-6 months.
- Regular injections usually yield a longer lasting Dysport result.
- If your upper lip was treated you may not be able to drink through a straw, whistle, or enunciate some words for approximately 2 weeks.
- Although rare, infection in the injected area is possible. Signs of infection may include redness and tenderness in the infected area and fever. Should you develop an infection, antibiotics may be necessary. Please contact us should you have any concerns.

If you have ANY questions or concerns, please call our office during business hours.

I understand that these pre/post care instructions are important to my overall treatment. I agree that I have read and understand what is required of me before and following my treatment.